



California's
Valued Trust

Healthcare Benefits for the Education Community

Anthem 

CVT and Anthem Blue Cross PPO Member Resources

Health insurance can be confusing, but it doesn't have to be. Let CVT help.

Here is a brief summary of key services that CVT members with Anthem Blue Cross benefits may need.

Should you have questions specific to Anthem Blue Cross (Anthem), call Anthem's dedicated customer service phone number for CVT members: **(800) 234-4333**.

To locate in-network hospitals, physicians and facilities near you, visit [anthem.com/ca](https://www.anthem.com/ca), and follow these steps:

- 1) Click the green "Find Care" button in the top right-hand corner. You do not need to log in.
- 2) Scroll down to "basic search" as a guest and click on it
- 3) Select "Medical Plan"
- 4) Select "California"
- 5) Select "Medical Employer-Sponsored"
- 6) Scroll down and select "Prudent Buyer CA Only"
- 7) Click Continue
- 8) Enter your zip code
- 9) Search by type

If you need services not listed on this sheet, or have any additional questions, please call **CVT Member Services at (800) 288-9870**.



ALTERNATIVES TO EMERGENCY ROOM AND URGENT CARE

MDLIVE

mdlive.com/cvt

CVS Minute Clinics

cvs.com/minuteclinic/services



PHARMACY SERVICES

CVS

caremark.com



ANTHEM BLUE CROSS

**Customer Service Line
for CVT Members**

(800) 234-4333

Website

anthem.com/ca



SURGICAL SERVICES

ConsumerMedical

myconsumermedical.com

To register, enter company code: CVT

Carrum Health

carrum.me/cvt



MENTAL AND EMOTIONAL HEALTH RESOURCES

MDLIVE

mdlive.com/cvt

Beacon Health Options (EAP)

achievesolutions.net/cvt

CredibleMind

cvt.crediblemind.com



ANTHEM BLUE CROSS' MOBILE APP

Sydney Health

sydneyhealth.com

Sydney Health is a simple, secure, and powerful mobile app that will help you get the most from your Anthem Blue Cross health plan and benefits.

Sydney Health makes it easy to find doctors near you, get important information about benefits and claims, track your progress toward health goals and more.

Discover how Sydney Health simplifies healthcare. Download and start using the app today!



ADDITIONAL HEALTH PLAN RESOURCES FOR MADERA UNIFIED EMPLOYEES

cvtrust.org/madera