



## MUSD DAILY MOVEMENT CHALLENGE

MUSD'S Physical Education Department is providing students and families with a different movement challenge for every week day in the months of May and June. Videos become available for public viewing on the dates listed below.

<b>May 4</b>	<b>May 5</b>	<b>May 6</b>	<b>May 7</b>	<b>May 8</b>
Challenge #1: <a href="#">LINK</a>	Challenge #2: <a href="#">LINK</a>	Challenge #3: <a href="#">LINK</a>	Challenge #4: <a href="#">LINK</a>	Challenge #5: <a href="#">LINK</a>
<b>May 11</b>	<b>May 12</b>	<b>May 13</b>	<b>May 14</b>	<b>May 15</b>
Challenge #6: <a href="#">LINK</a>	Challenge #7: <a href="#">LINK</a>	Challenge #8: <a href="#">LINK</a>	Challenge #9: <a href="#">LINK</a>	Challenge #10: <a href="#">LINK</a>
<b>May 18</b>	<b>May 19</b>	<b>May 20</b>	<b>May 21</b>	<b>May 22</b>
Challenge #11: <a href="#">LINK</a>	Challenge #12: <a href="#">LINK</a>	Challenge #13: <a href="#">LINK</a>	Challenge #14: <a href="#">LINK</a>	Challenge #15: <a href="#">LINK</a>
<b>May 25</b>	<b>May 26</b>	<b>May 27</b>	<b>May 28</b>	<b>May 29</b>
Challenge #16: <a href="#">LINK</a>	Challenge #17: <a href="#">LINK</a>	Challenge #18: <a href="#">LINK</a>	Challenge #19: <a href="#">LINK</a>	Challenge #20: <a href="#">LINK</a>
<b>June 1</b>	<b>June 2</b>	<b>June 3</b>	<b>June 4</b>	<b>June 5</b>
Challenge #21: <a href="#">LINK</a>	Challenge #22: <a href="#">LINK</a>	Challenge #23: <a href="#">LINK</a>	Challenge #24: Coach Johnson, from Dixieland, challenges you to complete one field day event of your choice. <a href="#">LINK</a>	Challenge #25: <a href="#">LINK</a> <b>ENJOY SUMMER BREAK!</b>

**Have fun Madera. We believe in you!**