



MADERA SOUTH HIGH SCHOOL HOME OF THE STALLONS



FALL COACHES

Football - Dane Cook

Girl's Volleyball – Travis McEowen

Cross Country - Eloy Quintana

Girl's Tennis – Jeff Moosios

Girl's Golf - Ed Durham

Boy's Water Polo - Richard Petzinger

Girl's Water Polo – Tim Messner

Gymnastics - Tammi Britton

Cheer/Dance - Pat Retton

Online Athletic Registration with Family ID

- ALL student-athletes are required to register online through FamilyID.com in order to participate in their chosen sport(s)
- Physicals are good for <u>one</u> calendar year
- The media center will be made available, before the start of each season, to give families without internet access the opportunity to enroll.
- Digital copies of your students physical are required to complete registration. If you do not have access to a scanner, you can turn the hard copy of the physical into the athletics office and a scanned copy can be requested by email.

Division I

(16 Core Courses)

- 4 years of English
- 3 years of mathematics (Algebra I or higher)

2 years of natural/physical science (1 year of lab if offered by high school)

1 year of additional English, mathematics or natural/physical science

2 years of social science

4 years of additional courses (from any area above, foreign language or comparative religion/philosophy)

Division II

(*16 Core Courses)

3 years of English

2 years of mathematics (Algebra I or higher)

2 years of natural/physical science (1 year of lab if offered by high school)

3 years of additional English, mathematics or natural/physical science

2 years of social science

4 years of additional courses (from any area above, foreign language or comparative religion/philosophy)

*For students enrolling on or after August 1, 2013

Checklist for Athletes 9th Grade

- Discuss your curriculum with your counselor. Discuss athletic goals also.
- Get to know coaches in your sport closely. Discuss your goals with them also.
- Keep your grades up. Gone are the days when athletics will guarantee you into college.
- Research and attend sports camps. Are there any at colleges you are interested in?
- Be realistic about your abilities. Candidly discuss if you have NCAA potential.
- Start thinking about your goals and where you'd like to go to college.
- Start a rough draft of your sports resume and keep it updated.
- Keep all news clippings, honors, awards etc. that you obtain.
- Visit the NCAA website and familiarize yourself with requirements (see below).
- <u>www.ncaaclearinghouse.net</u> check it out! The rules change from time to time.

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10th Grade

- Grades, grades, grades. Keep focused on your academics.
- Take a practice PSAT and PLAN test.
- Talk to coaches and ask for honest feedback about your abilities.
- Double check NCAA requirements against your curriculum.
- Research colleges that might interest your. Visit if possible. Research your sport.
- Keep your sports resume updated.

11th Grade

- Revisit your goals and progress with your counselor.
- Ask your coach for a realistic assessment of your chances at various levels.
- Attend all college meetings, fairs, etc.
- Take the PSAT and the SAT or ACT. (scores must now be sent directly from the testing agency!)
- Refine your list of target schools and realistically evaluate your chances.
- Stay organized and keep your resume updated.
- Do you need a skills video? Work with your coach on this.
- Send letters of interest to colleges with an unofficial transcript of your grades.
- Return questionnaires and/or other paperwork to the college coaches.
- Obtain letters of recommendation as needed.
- At the end of your junior year, register with the NCAA Clearinghouse.
- Last chance at sports camps. Attend and get yourself noticed.

12th Grade

- Have you registered with the NCAA Clearinghouse?
- Are you taking the SAT or ACT again? Watch dates and register. (Remember that scores must now be sent directly from the testing agency!)
- Are all your core classes/graduation requirements met?
- Keep up your grades. No Senioritis!
- Print and read the NCAA "Guide to College-Bound Student-Athletes" on their website.
- Attend all college related meetings at your high school.
- Narrow your target list down to a manageable number of schools and rank them.
- Download applications and practice filling them out. Work on essays.
- Watch deadlines. Submit test scores, transcripts, letters, etc.
- Be aware of recruiting rules regarding campus visits, etc. Follow them.
- Make copies of everything. Get applications in on time.
- Fill out FAFSA form (federal financial aid) as soon as possible after January 1.
- Discuss your decisions, pros and cons of each school, etc with parents and coaches.
- Send letters of interest to coaches along with your final resume and season schedule.
- Keep your high school counselor and coaches updated.
- Don't sign any paperwork without careful review.
- Let all schools/coaches know of your final decision. Thank them.
- Send thank you notes to anyone who helped you through the process.

Expectations for our Athletes:

- 1. Missing practice is NOT allowed
- 2. Academic Requirements
- 3. Participation in athletics is a privilege and not a right.
- 4. Student behavior Character & C.L.A.S.S.

CHARACTER

"One athlete of character will improve a team. One team of character will improve a school. One school of character can impact an entire community."

> Bruce E. Brown NAIA Special Presenter

Expectations of Coaches

- 1. Academic Monitoring
- 2. Coaches will not be judged only by win/loss records. This is a program of CHARACTER where we are trying to make our student athletes "Champions for Life". I am evaluating the coach as well as how many kids they have helped (physically, mentally, emotionally, and socially) achieve their maximum potential athletically and graduate with their class.
- 3. Coaches are expected to have all paperwork on file. (Indemnity forms, Emergency cards, et.)

Communication parents should expect from your child's coach:

- > 1. Philosophy as a coach.
- > 2. Expectations the coach has for your child.
- > 3. Location and times of all practices and games.
- > 4. Team Requirements: practices, equipment, offseason training, etc.
- 5. Procedures to follow should your child be injured during participation.
- Participant conduct code and consequences for not following these guidelines.



Appropriate Concerns to Discuss with Coaches:

- > 1. The treatment of your child, mentally and physically.
- > 2. Ways to help your child improve.
- > 3. Concerns about your child's behavior.

Procedures for handling difficult questions or concerns:

(playing time, strategies, etc.)

- 1. Student speaks with coach
- 2. Set up a meeting through Athletic Director to meet with Coach (parent & athlete)
- 3. Meeting with Coach, Athletic Director, Parent, Athlete
- 4. Meeting with Coach, Athletic Director, Parent, Athlete, and Principal
- 5. District Personnel

Parents Should not:

- > 1. Confront the coach before or after practice
- > 2. Confront the coach before or after a game.

Coaches Decisions:

- 1. Playing time.
- 2. Team and game strategy.
- 3. Matters concerning other athletes.

Closing Remarks

- > We do realize that parents are the key ingredient in making our athletic program successful.
- We want you to be involved as we try our best to provide your child with an athletic experience they will treasure for a lifetime.
- If you are interested in being a Stallion Booster the next meeting is Wednesday, September 9 at 5:45 pm at Round Table Pizza.

THANK YOU

STALLION

PRIDE STATE – WIDE!