Irregular Past Tense Verbs				
Present tense	Past Tense	With Helping verbs (has, have, had)		
see	saw	has seen	have seen	had seen
come	came	has come	have come	had come
eat	ate	has eaten	have eaten	had eaten
do	did	has done	have done	had done
go	went	has gone	have gone	had gone
give	gave	has given	have given	had given
take	took	has taken	have taken	had taken
grow	grew	has grown	have grown	had grown
run	ran	has run	have run	had run
write	wrote	has written	have written	had written
say	said	has said	have said	had said