

Trauma Sensitive Practices During COVID-19

- Restorative Practices (RJ)
- Positive Behavior Interventions and Supports (PBIS)
- Social Emotional Learning (SEL)

Student and Family Support Services



Restorative Practices

Relationship Building through Restorative Practices

- <u>Tier 1</u> strategies to build relationships between students and between students and their teacher
- <u>Tier 2</u> Harm Circles, when appropriate, around loss, even
 COVID 19 loss



Restorative Practices



• RJ Virtual Circle (link to an example circle)

- Staff shifted their formate and conducted Virtual Circles via Zoom.
- Some sites are holding virtual circles with staff.
- A few coaches are holding "loss" type circles with teams.

WE BELIEVE

New for 2020/21: Community Rebuilding Units for Students





In response to COVID, *Second Step* released a (free) **Community Rebuilding Guide** for grades K-12 to help foster a positive, supportive school environment as student return to physical or virtual school this Fall.

WE BELIEVE

New for 2020/21: Adult SEL for Teachers, Staff & Leaders







Second Step Adult SEL Scope & Sequence of Lessons

New for 2020/21: Student & Staff Wellness Survey

Nov 2020 - administering survey 3rd-12th

PANORAMA WELL-BEING SURVEY



PANORAMA TEACHER AND STAFF SURVEY

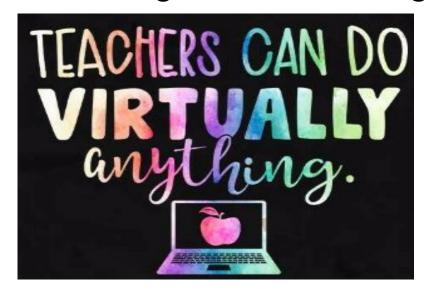
Topics and Questions on Adult Social-Emotional Learning, Well-Being, School Climate, Cultural Competency, and Professional Learning



Nov 2020 - administering survey all staff

New for 2020/21 PBIS for Distance Learning

Teachers have shifted and developed behavior matrices for Distance Learning in a virtual setting.





Distance Learning Matrix - Elementary

S.O.A.R.

DISTANCE LEARNING EXPECTATIONS MATRIX

S

Follow instructions

Wait for your turn to speak or to contribute

Use the "Raise your hand" feature

Minimize your distractions

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Self Control

Log on in time

Be present/actively engaged

Make yourself visible with your Video

• Have a back-up plan if disconnected

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On Task

Achievement

• Write in complete sentences

Complete tasks on time

Share and collaborate with class

Reach out to teacher for help in Office Hrs

R

Respect

Wear appropriate clothes

Use Kind Words

Mute your Mic when others are talking

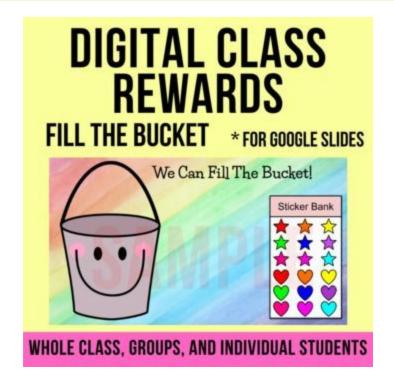
Help each other in class/break-out rooms



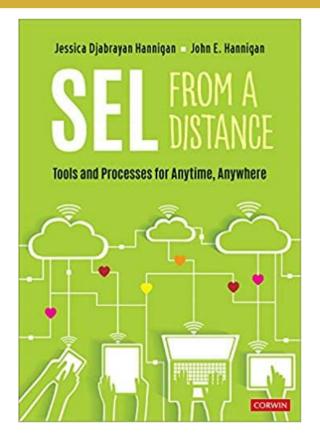
An DEMONSTRATION EXAMPLE Not Nishimoto's Matrix

WE BELIEVE

Behavior Rewards During Distance Learning



SEL During Distance Learning



Shifting PBIS professional learnings for remainder of the year will include tips and strategies for teachers to embed SEL. Dr. Jessica Hannigan will provide site PBIS teams trainings in Nov, Jan and Mar, with this added focus of SEL from a distance.