

3rd Annual Mental Health Awareness Conference & Resource Fair

Where to Start: Hope, Awareness, Support,

763

Overall Participation

(Includes Participants from the Keynote Presentations via Zoom, all Workshops; English and Spanish and in-person attendance)

MUSD partnered with Madera County Behavioral Health, Camarena Health, Kings View, NAMI Fresno & Valley Children's Hospital to host a conference for the parents and community of Madera County! The morning session took place virtually via Zoom, which was made up of Keynote Speakers, Workshops, and Raffles.

KEYNOTE PARTICIPATION

Kevin "Mr. Peace" Szawala

(English)

Tony Orozco Disciplina Positiva (Spanish)









WORKSHOP ATTENDANCE

English Workshop Attendees

Spanish Workshop Attendees

EN WORKSHOPS SP **Owning Your Mental Wellbeing** 60 **71** Presented by Kings View (En) & Madera County Behavioral Health (Sp) **Depression, Anxiety, and Healthy Coping Skills** 64 48 Presented by Camarena Health **Bullying & Social Media** 42 **55** Presented by Valley Children's Hospital (En) & MUSD Health & Wellness (Sp)

RESOURCE FAIR

Community Agency Representatives

77

Family Participants

282

The afternoon session was an in-person Resource Fair at Torres High School, where over 28 Community Agencies were present to provide families with more information about the Services & Resources available to them in Madera County. Free Dinner meals were provided to those who attended the event.



3RD ANNUAL MENTAL HEALTH AWARENESS CONFERENCE & RESOURCE FAIR

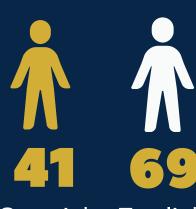
Evaluation Results

The graphs below illustrate Conference Evaluation results. The feedback collected focused on workshops effectiveness and overall conference experience and satisfaction.



The number of parents who submitted an evaluation form.

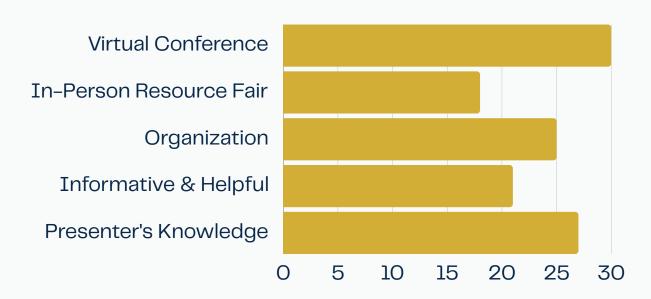




Spanish English

Overall Conference Satisfaction Results

The graph above illustrates the level of satisfaction within each category listed. The percentages below reflect those that responded being Very Satisfied.



100% satisfaction

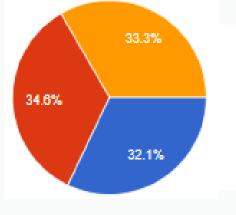
The answer choices included: Very Satisfied, Satisfied, Dissatisfied and Strongly Dissatisfied. None of the participants used the last two options as an answer.

What was one thing from the conference you feel helped you the most?

- "It helped me understand there are services that I was looking for but didn't know where to go."
- "I gained knowledge about the 788 resource helpline"
- · "Understanding how to help my child or family when seeing signs of depression."
- "The cyber bullying isn't only on social media it can also be on games."

Workshop Evaluations

The graphs below illustrate the percentage of evaluations received for each individual workshop.



- Owing Your Mental Wellbeing / Toma Control de tu Bienestar Mental
- Depression, Anxiety & Healthy Coping Skills / Depresión, Ansiedad y Habilidades de Afrontamiento

"The fact that there is many

ways to help yourself and

at the end."

Bullying & Social Media / Acoso (bullying) y Redes Sociales

"I really appreciated the presenters showing what depression can look like in different people. Thank you for the great information and the little meditation session!"

""Saber cómo ayudar a nuestros hijos con sus emociones " (Learned how to help our

others. Mainly that if you are happy and have healthy mental health so will your kids so children with their emotions) working on you helps your kids "They covered a lot of good topics the one I like the most

was Mr. Peace 🐇 🙂 "