

DISTRICT WELLNESS COMMITTEE MINUTES

Madera Unified School District Wellness Committee Meeting Minutes March 20, 2024 | 3:00 pm – 5:00 pm

AGENDA

Purpose

Our District Wellness Committee meets at least four times per school year to **review** district wellness policy, **identify** action items specific to the Whole School Whole Community Whole Child (WSCC) Model, **support** implementation of tasks reinforcing WSCC Model action items, and to **assess** the strength of district wide WSCC Model implementation. Sub-committees that discuss WSCC Model categories include but are not limited to school health councils, school site councils, PBIS teams, and SAP teams.



Time	Subject	Presenter		
GENERAL SESSION INCLUDING WSCC MODEL UPDATES AND FRAMEWORK ACTION ITEM				
3:00 PM	1. Call Meeting to Order - 3:06pm	Jaime Brown, Coordinator of PE & Athletics, MUSD		
3:05 PM	 Welcome and Introductions Name, Title, & Organization Those in attendance: Trustee Area 7 - Nadeem Ahmad, Cindy Bitter,	All Stakeholders		
3:10 PM	3. Review of Minutes: Pre-planning c. February 21, 2024: https://www.madera.k12.ca.us/Page/14328 d. Minutes Wellness Framework Draft School Culture Climate Presentation Resources Shared			
3:15 PM	 4. Stakeholder Updates and Highlights CalFresh Healthy Living, University of California Cooperative Extension WSCC Components: Physical Education and Activity, Health Education, Family Engagement, and Community Involvement Wellness Highlight: The October 2023 Virginia Lee Rose Walk to School Event was carried out with success. The event was planned and 	All Stakeholders Elizabeth Lopez, Community Nutrition and Health Supervisor, CalFresh Healthy Living, UCCE, Fresno and		

Madera Counties

implemented in collaboration with Sierra Vista Elementary School [Martin Luther King, Jr. Middle School also participated]. The event started at the local park with several physical activities provided to students, families, and the community to engage in; different organizations were involved, like the Madera law enforcement and first responders; breakfast was provided; presentations about pedestrian safety were presented by law enforcement.

- Walk to School Event between Alpha and Madison will occur the morning of April 10, 2024.
- The Spring Garden Workshop will occur at the Virginia Lee Rose cafeteria on April 5, 2024.
 - Master Gardener presenting a garden topic: Tomatoes.
 - Activities will be provided for the students and they will get to take home strawberry plants.
 - Parents will be provided fresh food tasting and salad to try. Parents will get to take home basil and chili peppers.
- Upcoming parent nutrition classes will occur at Virginia Lee Rose,
 Madera High School, and Madera South High School in April and May
- Madera County Department of Public Health
 - WSCC Components: Physical Education and Activity, Health Education, Family Engagement, and Community Involvement
 - MCDPH shared how they can support schools with Policy, System, and Environmental (PSE) change.
 - Some items of support shared include stencil projects to support recess in schools, to 9 MUSD elementary schools:
 Berenda, Chavez, Millview, Monroe, Nishimoto, Parkwood, Pershing, Sierra Vista, and Washington
 - Some items shared include support provided to MUSD's three comprehensive high schools: Madera High, Madera South, and Torres
- Alliance for a Healthier Generation
 - WSCC Components: Assessment of all WSCC Components
 - Healthy Schools Award Update
 - CLICK HERE FOR PRESENTATION
- MUSD Child Nutrition
 - WSCC Components: Nutrition Environment and Services
 - [CLICK HERE FOR PRESENTATION]
 - Information, in addition to the presentation: Papa Murphy's
 partnership: Their ingredients will be used so schools can order out
 through Child Nutrition. They will also be testing a new machine on
 March 21, 2024 so they can attempt to make fresh pizza for staff to
 order.

Evelyn Ramirez, Healthy Education Specialist, Madera County Department of Public Health

Chia Vue, Program Manager, Regional, Alliance for a Healthier Generation

Brian Chiarito, Director of Child Nutrition, MUSD

- Torres High School Athletics: Celebrations
 - WSCC Components: Physical Education and Activity
 - Highlights: Several THS athletic teams have moved on to state championships and won. Teams include Boys Cross Country - Division Three, Boys and Girls Soccer - Division Five, Boys Wrestling - Division Five with three athletes moving on to state, and Football - Division Five.
 - Baseball and Tennis are currently doing well.
 - All sports have a combined average 3.0 GPA. THS athletics and academics are doing extremely well.
- MUSD Health & Wellness
 - WSCC Components: Physical Education and Activity, and Community Involvement
 - Vaping Presentations, including Tobacco Prevention (AFHG), with MCDPH have been and will be provided to 6th graders. Some schools include Lincoln, Pershing, Nishimoto, and Sierra Vista. Presentations include 2-parts. Topics include the effects of marketing on health and coping skills. More schools will be included in the near future.
 - Mental Health Awareness Resource Fairs will occur at all secondary school sites in May. Please see dates below:

SCHOOL	DATE & TIME	
Mt. Vista	May 8th 11:40am-12:45pm	
MTHS	May 9th 12:40pm-1:45pm	
мнѕ	May 15th 11:40am-12:45pm	
MLK	May 16th 10:40am - 12:45pm (2 lunches)	
Ripperdan	May 21st 11:45am-1:35pm (2 lunches)	
MSHS	May 23rd 12:40pm-1:45pm	
Desmond	May 29th 10:40am-12:45pm (2 lunches)	
TJ	May 30th 10:40am-12:45pm (2 lunches)	

- MUSD Community Service & Parent Resource Centers
 - WSCC Components: Physical Education and Activity, Social and Emotional School Climate, & Employee Wellness
 - The Third Annual Mental Health Awareness Conference for Parents will be held on May 3. 2024. A flier will be shared after approval.

Jordan Murphy, THS Athletic Director,, MUSD

Linda Negrete, Supervisor -Behavioral Health Clinician, MUSD

Elia Medina, Director Of Community Service & PRCs, MUSD

	 MUSD Athletics & Physical Education: WSCC Components: Physical Education and Activity, Social and Emotional School Climate, & Employee Wellness Highlight: Madera South High School Walk-A-Thon [CLICK HERE FOR PRESENTATION] 	Jaime Brown, Coordinator of PE & Athletics, MUSD
	5. Presentations	
3:45 PM	 Community Athletics and Recreation Department (CARD) WSCC Components: Physical Education and Activity, and Community Involvement James Gambrell was welcomed by the committee to MUSD. Director Gambrell is a MUSD leader that supports the WSCC Model Components of PE & Activity and Community Involvement. Information, in addition to the presentation, include other upcoming athletic offerings this calendar year: Wrestling Camp starting in August, Football Camp starting in October, and a possible combatives camp with three different genres of martial arts included. Also, a partnership with Madera Babe Ruth (youth baseball) will be continued. The partnership includes MUSD-ELOP funding to financially support students with uniforms, equipment, and registration fees. Because of positive feedback regarding Madera Babe Ruth, MUSD will partner with Madera Little League (youth softball) and provide the same systems of support. [CLICK HERE FOR PRESENTATION] 	James Gabrell, Director of CARD, MUSD
	 Athletics & Physical Education Department: Wellness Data & Progress WSCC Components: Assessment of all WSCC Components Triennial Assessment 2020-2023 Available for Public Viewing Alliance for a Healthier Generation Award Application Update [CLICK HERE FOR PRESENTATION] 	Jaime Brown, Coordinator of PE & Athletics, MUSD
4:05 PM	 6. Action Item: Framework Creation – Phase 3 - REMOVED FROM AGENDA Sub-committee has been suggested to review policy requirements and organize resources in a user-friendly format for stakeholders. Updates could be shared with the District Wellness Committee Email Jaime Brown if you would like to be a member of the Framework committee if it is needed. 	Committee Collaboration
4:55 PM	 Suggested Future Agenda Items Framework Creation – Phase 3 & 4 TBD STEM and School Gardens CalFresh Healthy Living, University of California Cooperative Extension Lincoln Students - Youth Engagement Photovoice Presentation 	Committee Collaboration

	Community Nutrition and Health Educator, have been supporting students with the project 4. CA Physical Fitness Testing Data 5. Other Wellness Highlights 8. Advanced Planning	Jaime Brown,
4:58PM	 Meeting #4: April 17, 2024 3:00pm - 5:00pm ZOOM https://maderausd.zoom.us/j/89442135550 Meeting #5: May 22, 2024 3:00pm - 5:00pm ZOOM 	Coordinator of PE & Athletics, MUSD
5:00 PM	8. Adjournment: 4:33pm	All Stakeholders

Meeting Norms (1) Prepared, (2) Professional Talk, (3) Active Listeners, (4) Application				
INFORMATIONAL ITEMS				
MUSD Vision/Mission Madera Unified Community Compact Madera Unified Student Champion WSCC Model Information	MUSD District Wellness District Wellness Webpage MUSD Wellness Transparency Document 2024 2023 MUSD America's Healthiest Schools Awards 2023 District Wellness Policy			
TO-DO List - 2024 - Review/Update TSIA's - Review/Update 3+ action items - District Wide Framework Calendar of Deadlines (created by AFHG)	School Health Council Alliance for a Healthier Generation Healthy Schools Login The Purpose of a School Health Council Presentation Wellness Pamphlet for Parents - English / Spanish Systems of Support			

Madera Unified will set the standard for hard work, creativity and resiliency with a fearless drive to continuously improve.

POSTED: March 21, 2024

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