



# MUSD ATHLETICS & PHYSICAL EDUCATION

<https://www.madera.k12.ca.us/Page/6321>

# AGENDA

1. Wellness Highlights
2. Wellness Data & Progress
3. Community Engagement

WE  
BELIEVE

# Wellness Highlights

# SAFE ROUTES TO SCHOOL MONTH - 10/2024



The following schools implemented Walk to School events in October 2024 to help students practice pedestrian safety with school and community guidance. Events also remind the community to watch out for student-pedestrians before and after school hours: Alpha, Chavez, King, Madison, Monroe, Rose, Sierra Vista, & Washington.

# MSHS AGRICULTURE LITERACY DAYS - 10/2024



Madera South High School agricultural department grew pumpkins and held Agriculture Literacy Days. Elementary schools took field trips to visit the pumpkin patch, take tours of the farm led by high school students, and learn about agriculture. Community members were able to visit and purchase pumpkins on weekends.

**1500+** Students & Families

**WE BELIEVE**



# ELEMENTARY SCHOOL WINTER GARDENS - 2024



Elementary School Winter Gardens: Classes had the opportunity to learn how to grow winter crops from soil preparation, seedling, to farm, to table. Traditional farms and hydroponic farms were utilized to support the process. Students and their families were able to taste test the crops.

# America's Healthiest Schools 2024

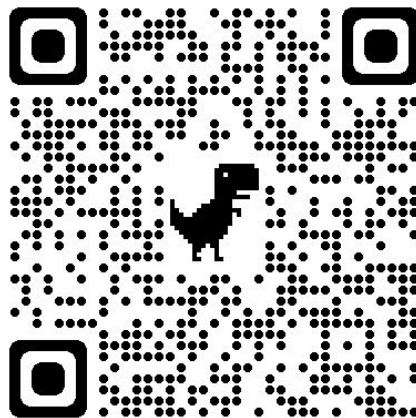
## Reaching Goals

**18** Elementary Schools received awards in 3+ categories

**2** Middle Schools received awards in 3+ categories

**3** High Schools received awards in 3+ categories.

<https://www.healthiergeneration.org/campaigns/americas-healthiest-schools>



# America's Healthiest Schools 2024

## High Honors

**5** Schools earned awards in 4+ categories and received invitations to attend the Alliance for a Healthier Generation Leadership Summit at the Clinton Presidential Library & Museum in Little Rock, AK.

**4** Chavez, Desmond, & Rose

**6** Madera South & Torres



**WE BELIEVE**

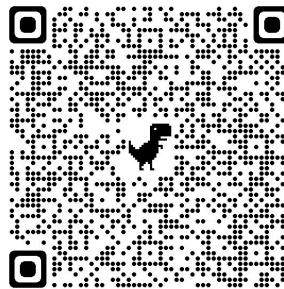


# District Wellness Data & Progress

# AMERICA'S HEALTHIEST SCHOOLS AWARD APPLICATIONS 2025

**24/25 Comprehensive Schools Goal: National Healthy Schools Recognition in at least three of nine Alliance for a Healthier Generation topic areas. Complete all Thriving Schools Integrated Assessment Items**

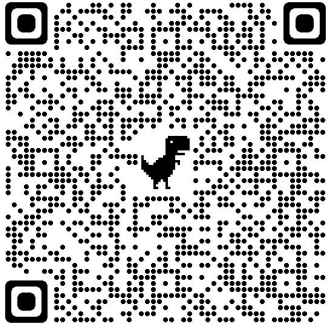
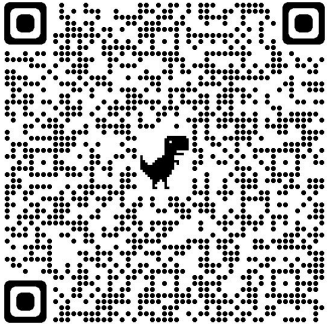
- **Supporting School Health Services**
  - Criteria 1: Conducting Physical Health Screenings
  - Criteria 2: Addressing Chronic Health Conditions
  - Criteria 3: Referral Pathway for Students with Health Concerns
- **Implementing Local School Wellness Policy**
  - Criteria 1: School Coordination Team for District Wellness Policy
  - Criteria 2: Measuring District Wellness Policy Progress
  - Criteria 3: School Continuous Improvement Process for District Wellness Policy
- **Bolstering Physical Education & Activity**
  - Criteria 1: Providing Physical Education
  - Criteria 2: School Physical Education Curriculum Requirements
  - Criteria 3: Opportunities for Student Physical Activity
  - Criteria 4: Inclusion in Physical Activity



<https://www.madera.k12.ca.us/site/handlers/filedownload.ashx?moduleinstanceid=40798&dataid=51226&FileName=Healthier%20Generation%20Resource%20Award%20Guide%202025.pdf>

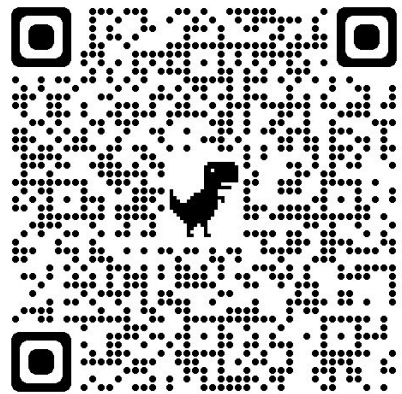
**WE BELIEVE**

# MUSD DISTRICT WELLNESS POLICY

BP 5030 APPROVED & developed by <a href="#">CSBA</a>	AR 5030 APPROVED & developed by MUSD
	
<p>Board Policy - BPs, are typically broad statements of how districts should be organized and function.</p> <p>MUST be adopted by the Board of Trustees.</p>	<p>Administrative Regulations - ARs are used by administrators and other employees to guide implementation of adopted BPs.</p> <p>MUST be consistent with law and BP.</p>

# PHYSICAL ACTIVITY COMMUNITY & FAMILY ENGAGEMENT

# NETHERTON MADERA ROTARY RELAYS



**WE BELIEVE**



# ACTION FOR HEALTHY KIDS GRANT

NUTRITION EDUCATION

GARDENS






TASTE TESTS

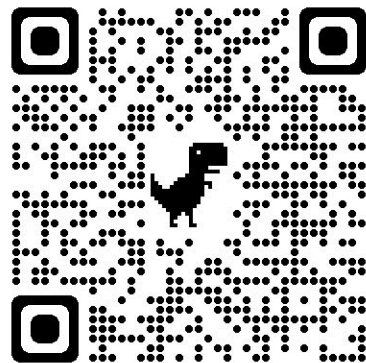
HEALTHY INCENTIVES

EVERY KID HEALTHY WEEK



# EVERY KID HEALTHY WEEK 2025

<b>APRIL 22</b> MINDFULNESS MONDAY	<b>APRIL 23</b> TASTY TUESDAY	<b>APRIL 24</b> WELLNESS WEDNESDAY	<b>APRIL 25</b> THOUGHTFUL THURSDAY	<b>APRIL 26</b> FAMILY FRIDAY
Social Emotional Health	Nutrition Education	Physical Activity	Risk Prevention and Education	Family Engagement
				



**WE BELIEVE**

**Thank you**



“Where the futures of children are driven by their aspirations and inspired by their circumstances”