



MUSD ATHLETICS & PHYSICAL EDUCATION

<https://www.madera.k12.ca.us/Page/6321>

Madera Unified School District

AGENDA

1. Wellness Highlight
2. Triennial Assessment
3. Healthy Schools Awards

WE
BELIEVE

Wellness Highlight

MADERA SOUTH HIGH SCHOOL WALK-A-THON



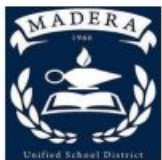
- Students were challenged by the PE department to walk during lunch with a MSHS employee of their choice
- 280 Students Participated
- 33 MSHS Employees Participated
- Goal: Support physical, social, emotional, and mental health during a walking break

Triennial Assessment 2023

Triennial Assessment 2023

The 2020-2023 Triennial Assessment has been posted on the Wellness Website and it can be accessed via the MUSD Athletics & Physical Education Webpage

- [LINK TO ASSESSMENT](#)
- [LINK TO WELLNESS WEBPAGE](#)
- [LINK TO ATHLETICS & PHYSICAL EDUCATION WEBPAGE](#)



About the Madera Unified School District Local Wellness Policy and Triennial Assessment

LEAs are required to have a written local wellness policy (LWP) and conduct an assessment of the policy at least once every three years. This Triennial Assessment determines compliance with the wellness policy, how the wellness policy compares to model wellness policies, and progress made in attaining the goals of the wellness policy. The MUSD Wellness Committee uses this tool as an action plan to guide the implementation and assessment of the MUSD LWP.

WELLNESS GOALS 2020-2023

The MUSD LWP provides procedures for goals in all areas of the Whole School Whole Child Whole Community (WSCC) Model. MUSD is required to convene a representative district wellness committee that meets quarterly to establish goals and oversee the LWP. The District Wellness Committee requires all MUSD schools to annually complete and submit a Thriving Schools Integrated Assessment (TSIA) created and provided by the Alliance for a Healthier Generation Healthy Schools Program; then, create and implement action plan items developed by School Health Councils in order to monitor and strategically guide the implementation of the LWP.

ALLIANCE FOR A HEALTHIER GENERATION HEALTHY SCHOOLS PROGRAM

NATIONAL HEALTHY SCHOOL AWARD APPLICATIONS

All Comprehensive Schools are applying for National Healthy Schools Recognition in at least three of nine Alliance for a Healthier Generation topic areas.

- **Supporting School Health Services**
 - Criteria 1: Conducting Physical Health Screenings
 - Criteria 2: Addressing Chronic Health Conditions
 - Criteria 3: Referral Pathway for Students with Health Concerns
- **Implementing Local School Wellness Policy**
 - Criteria 1: School Coordination Team for District Wellness Policy
 - Criteria 2: Measuring District Wellness Policy Progress
 - Criteria 3: School Continuous Improvement Process for District Wellness Policy
- **Bolstering Physical Education & Activity**
 - Criteria 1: Providing Physical Education
 - Criteria 2: School Physical Education Curriculum Requirements
 - Criteria 3: Opportunities for Student Physical Activity
 - Criteria 4: Inclusion in Physical Activity



WE BELIEVE

Thank you



“Where the futures of children are driven by their aspirations and inspired by their circumstances”