

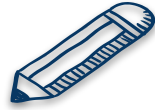
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**MADERA UNIFIED**

# Wellness Committee Meeting

November 10, 2021

Department of School Culture & Climate

# Agenda



- #4 -Employee Wellness
- #7- Social Emotional, School Culture and Climate

WE  
BELIEVE

# Employee Wellness Initiative

**WE BELIEVE**  
IN STAFF WELLNESS

# We Believe in Staff Wellness

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2020/21

- SFSS Received Cowell Grant to develop Adult Wellness Courses
- Board passed LCAP Incentive for all staff



## 2021/22 Course Catalog

- Sept 2021-May 2022: **Self-Care Planner** - journaling activities throughout the school year focused on Self-Care.
- Sept 2021-May 2022: **Nutrition** - monthly courses and cooking demonstrations taught by CSU, Fresno Dietetic Interns on adult nutrition.
- October 2021: **Mindfulness Practices** - self-paced yoga video and reflections.
- October 2021: Expansion of our [Canvas platform](https://learn.maderausd.org/) from 500 to 2400 licenses, so all staff can participate (<https://learn.maderausd.org/>)



School Climate  
& Culture

# Department Updates

# Department News

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- **2020-21 Positive Behavior Interventions & Supports (PBIS)**
  - training & implementation focus on Tier 1, universal behavior supports for all students, classrooms and schools)
  - 26 of 27 sites receive California PBIS Coalition State Recognition
    - 17 - Silver, 3 - Gold, 6 - Platinum)



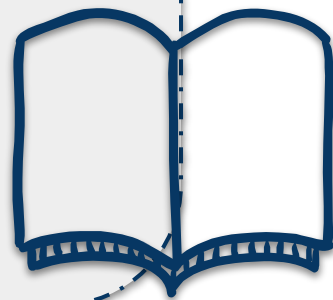
- **2021-22 Focus: (Tier 2) Supplemental Behavior Intervention training for all schools**



# Social-Emotional Learning (SEL)

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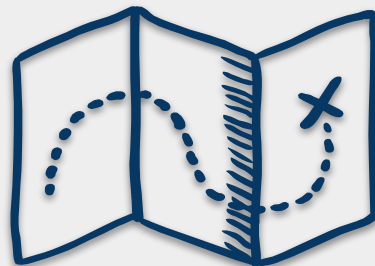
- *Second Step* curriculum with weekly lessons in grades K-8
- Restorative Practices (tier 1)  
Relationship Centered Learning - 10 sites
- Restorative Practices (tier 2) Middle Schools Behavior Team



# Department Resources:

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- [3 Culture & Climate Coaches \(TSA\)](#) to support sites, teachers with best practices and behavior or social-emotional instruction.
- New [Google Site](#) with Lessons & Resources
  - [We Believe in Character](#): *Student Hero Initiative* (character education)
  - [Multicultural Calendar](#)
  - [Student Bill of Rights](#)





# Questions

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Karen DeOran, Director School Culture & Climate  
[karendeoran@maderausd.org](mailto:karendeoran@maderausd.org)  
(559)416-5858 ext 11124