

# Madera South High School Cheerleading Try-outs

## **A Program that Promotes *C.L.A.S.S: Character, Leadership, Academics, Sportsmanship, & Service.***

The Cheer clinic and Try-outs for the MSHS Stallion cheerleading team for the 2019-2020 season will be held Tuesday, May 7<sup>th</sup>- Thursday, May 9<sup>th</sup> and tryouts will be Friday, May 10<sup>th</sup>. Girls and boys currently in grades 8 through 11 are eligible upon completion of the following tasks/requirements. **All potential candidates are required to complete the following tasks in order to tryout by May 10, 2019.**

### **BEFORE YOU MAKE THE DECISION TO TRY OUT, please carefully consider the following:**

Cheerleading is a **YEAR-LONG** athletic activity and involves more time and responsibility than most people realize. You need to be willing to give up a minimum of 15 hours a week, starting during the summer of 2019 and continuing through until the end of the 2020 school year. This commitment includes all athletic seasons and cheerleading competitions at the discretion of the coaching staff. The demands upon a person's time and energy are great and all cheerleaders must be able to successfully balance school, cheerleading, homework and their social lives. The expectation is that you will give nothing less than 100% effort throughout the entire year. Your various commitments must be taken into consideration **before** you decide to try out.

If you decide to tryout for the MSHS Cheer Squad, you have the possibility of being part of a growing program that aims to not only improve upon your current Cheerleading skills, but will encourage you to enhance your leadership, motivational, and organizational skills for your future. Our program is dedicated to having fun while working hard, make lifelong friends & memories, and building a strong sense of self. Each individual considering trying out is challenged to step outside your comfort zone and take this first step towards a great high school career.

**Please read/comprehend ALL OF THE PAPERWORK and sign in all areas where required.**

#### **A. Eligibility:**

1. The potential candidate and candidate's parents/guardian **must** read the **MSHS Cheerleading handbook** prior to tryouts (located on MSHS website under Activities- MSHS Student Leadership Activities Calendar) and sign this application acknowledging you have read and understand all the rules and expectations for the cheer program.
  - a. Each **student and parent** must fill out and sign the Cheerleader application form with the understanding that if they are chosen for the squad they understand, and will adhere to the handbook at all times. (Copy located on MSHS website under Activities)
2. All potential candidates **must have an up to date PHYSICAL on file & athletic registration filled out online at FamilyID.com** prior to participating in ANYTHING.
3. Eligibility for Freshmen squad include: incoming 8th graders (will be freshmen)
4. Eligibility for JV squad include: Incoming 8th graders (will be Freshman), current Freshman (will be Sophomores), and current Sophomores (will be Juniors)
5. Eligibility for Varsity squad include: Current Freshman (will be Sophomores), current Sophomores (will be Juniors), Current Juniors (will be Seniors).
6. Any exceptions and/or placement within the aforementioned squad eligibility is at the full discretion of the coaching staff.
7. Each potential cheerleader must have a 2.0 GPA or higher based on Fall 2018 Semester grades and from the March 2019 Third Quarter grades. Failure to be at a 2.0 GPA during any grade period will not allow you to tryout. **Each student must turn in a printed transcript of grades with the tryout packet.**
8. Student must be on track to graduate (cannot be behind 10 or more credits) and have no suspensions on file from the last two years.
9. Student cannot be on the Loss of Privilege list (LOP), owe any fines, and must be enrolled to attend MSHS.
10. Students who were removed from their cheer squad (middle or high school) during the previous school year, may not

be eligible to tryout depending on the severity of the incident at the full discretion of the MSHS coaching staff.

11. **Provide a 1 complete page minimum written or typed essay on why candidate possess qualities of a dedicated cheerleader.**
12. Must attend 2 of the 3 days of the clinic (I strongly suggest that you attend each day for maximum practice)
13. Completed Tryout packets must be turned into MSHS, Attn: Coach Elam **by Friday, May 3rd @ 4pm**.

**\*\*\*\*PLEASE NOTE THAT YOU MUST PROVIDE DOCUMENTATION FOR ADDRESS VERIFICATION THAT YOUR CURRENT ADDRESS IS PART OF THE MSHS FEEDER SCHOOL PYRAMID.** (Documents such as a copy of PG&E, Mortgage, rental agreement, etc... are accepted.)

**\*Late applications will not be accepted.**

**B. Try-out Timeline: MAY 2019**

Monday	Tuesday	Wednesday	Thursday	Friday
				<b>MAY 3rd</b> Completed Cheer Packet due by 4pm (final day)
	<b>MAY 7th</b> Cheer Clinic 3:30-5:30 W Gym (Dance)  Must attend 2 of 3	<b>MAY 8th</b> Cheer Clinic 3:30-5:30 W Gym (Cheer)  Must attend 2 of 3	<b>MAY 9th</b> Cheer Clinic 3:30-5:30 W Gym (Review/Skill/Stunting)  Must attend 2 of 3	<b>MAY 10th</b> Cheer Tryouts 3:30 pm- 8pm (Estimated time) West gym (Result will be posted online)

**C. Each candidate may be required to perform the following at the tryouts on May 10<sup>th</sup>**

1. Dance Routine
2. Sideline Cheer
3. Crowd Involvement Chant
4. Toe touch Jumps, Right and left high kicks
5. Any tumbling, double turns, etc. you are able to do
6. Rallying in and out of gym
7. Create on their OWN a UNIQUE two 8 count dance (without music) Only Varsity Squad Members. This will NOT be judged, but is a requirement to tryout for the varsity team.
8. 1 page ESSAY portion of application will be included in tryout score. - **Due by 5/3/19.**

**D. SELECTION PROCESS:**

1. Each student will receive a number on tryout day. Names will not be used at tryouts. Candidates will be put in numerical order and placed in groups of 2-4 (based on the number of participants).
2. Future Seniors will tryout first, then future Juniors and Sophomores, & finally future Freshman. All students should wait until released by MSHS Cheer staff before leaving to ensure the students tryout is complete.
3. Each student will be required to perform some or all of the items listed above. All candidates will perform the same routines or elements.
4. A selection team made up of coaches and outside judges will score each candidate.

5. A natural point break in the total scores will determine the size of each squad. The total score will consist of a percentage of grades, essay, and overall performance of clinics/tryout.
6. MSHS is looking for students that are able to represent the school in academics, character and athletics. We are looking for hard working, dedicated girls/boys with energetic and positive personalities.  
All requirements reflect this belief.
7. **Decisions are FINAL and will be posted online.**

**E. CLINIC AND TRYOUT ATTIRE:**

1. Tryouts: Plain white top, black or purple shorts and white socks with tennis shoes.
2. Hair must be pulled back in a high ponytail at all times (bows ok) no bangs in face.
3. Previous cheer/dance attire from any school may NOT be worn during tryouts.
4. Excess jewelry is not permitted. Ear Studs are ok.
5. Goal: for all candidates to be seen as equals.

# Madera South High School Cheerleading Application 2019-2020



I \_\_\_\_\_, am interested in being a cheerleader at Madera South High School. I have completed the MSHS Cheer Tryout Packet including the following:

**Please initial:**

\_\_\_\_\_ I have read, understand, and will abide by the MSHS Cheerleader Handbook policies, online under co-curricular, under Activities- Cheerleader Handbook will be posted.

\_\_\_\_\_ I turned in a **completed Physical form** to the Athletics office and **completed the online registration at Familyid.com.**

\_\_\_\_\_ I turned in an **ADDRESS VERIFICATION THAT MY CURRENT ADDRESS IS PART OF THE MSHS FEEDER SCHOOL PYRAMID.** Documents such as a copy of PG&E, Mortgage, rental agreement, etc... are accepted

\_\_\_\_\_ I turned in my **completed packet, essay, and a grade transcript (to show Fall 2018 and progress grades from March 2019)** by or before 5/3/19 to MSHS main office or athletics office (Attn: Ms. Elam).

\_\_\_\_\_ I understand the tryout requirements and process and agree to abide by them.

\_\_\_\_\_ I understand that the decision for those selected for the squads are FINAL.

\_\_\_\_\_ My parent/guardian & I have read the Cheerleader and Parent contract, understand the contract, signed them, and have included them in the completed Packet. If any questions, please ask.

Student Signature \_\_\_\_\_ Date \_\_\_\_\_

Parent Signature \_\_\_\_\_ Date \_\_\_\_\_

**Please fill in the following information as neatly as possible:**

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_

Student ID # \_\_\_\_\_ Current Grade: **8<sup>th</sup> 9<sup>th</sup> 10<sup>th</sup> 11<sup>th</sup>** Cumulative GPA: \_\_\_\_\_

Mailing address: \_\_\_\_\_ City: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Phone#: \_\_\_\_\_

Parent Phone #: \_\_\_\_\_

Student Phone #: \_\_\_\_\_

Student E-Mail \_\_\_\_\_

Parent E-Mail \_\_\_\_\_

**\*MUST ATTACH TO THIS PAPER: A GRADE TRANSCRIPT, ESSAY, AND ADDRESS VERIFICATION (copy of PG&E, Mortgage, Rental agreement, etc)**

## Personal Cheerleader Contract

I \_\_\_\_\_ have read the Madera South High School Cheerleading Handbook & the Cheer Try-out requirements and understand the responsibilities and privileges of being a Madera South High School Stallion Cheerleader. I will abide by these guidelines and policies **if chosen** for the cheerleading squad. I understand that if I do not follow the expectations, I will receive appropriate consequences and may be removed from the cheerleading squad. If I have a problem with an action or comment by my coach I will make sure to discuss the issue using the proper chain of command as stated in the cheer handbook. I will cooperate fully with the coaches and all persons and organizations concerned to promote spirit and good sportsmanship at Madera South High School. At all times, whether at school or away from school, I will conduct myself in a manner of the highest standards that best represents the students and faculty at Madera South High School.

Printed Name: \_\_\_\_\_ Signature: \_\_\_\_\_ Date: \_\_\_\_\_

## Parental Permission/Contract

My child, \_\_\_\_\_, has permission to tryout for the cheerleading squad at Madera South High School for the new season. If chosen, he/she has permission to participate as a member of the cheerleading team for that school year. I give permission for my child to ride to and from events on the bus with the coaches, other certified sponsors and /or other athletic personnel as well. I agree that my child will attend ALL the scheduled cheer events including games, practices, fundraisers, events, and performances as required throughout the cheer season.

I understand that all forms attached, must be completed and returned on May 3rd, 2019 to the MSHS Main Office at Madera South High School or my child will not be allowed to tryout.

**I understand that my student must provide a completed physical form before they can attend the cheer clinic and ultimately tryout for the cheer program. In addition, I know that my student must create a profile on FamilyID.com and complete the required online registration in order to attend the clinics and tryouts.**

I understand that coaches and judges will be used during the tryout process, but that the coaches' decision is final. I understand that my child will be evaluated on technical skills, ability, coachability, and attitude. The technical skills to be evaluated are motions, jumps, dancing, tumbling and stunting (if applicable), flexibility. As the parent(s) I/we agree to abide by the final decision of the coaching staff during and after the tryout selection process.

I understand that if my child is chosen to be a cheerleader at Madera South High School that it requires a **MAJOR TIME COMMITMENT**. Cheerleaders are required to be enrolled in Fall & Spring Cheer PE (if available), cheer at all home and away football games, all home Boys/Girls Basketball games, other sporting events if scheduled, perform at rallies, attend all practices, participate in all fundraisers, participate and compete within the competition team if selected by the coaching staff, and attend scheduled community events (ie: parades, fair, etc). Cheerleaders should anticipate having 10-20 hours of cheer related activities per week for the entire year. This time commitment is **NOT** compatible with work, musical theater, drama, choir, band, or other team sports. However, if a student is involved in more than one activity they must manage their time effectively and **communicate regularly** with their cheer coaches or they may not be able to participate in a number of cheer related events if they are not prepared. Also, they may not qualify to receive their Athletic Letter at the end of the year. This decision will be left to the coaches, advisors, in consultation with the Activities Director.

**I have read and discussed with my child the guidelines as stated in the MSHS Cheerleader handbook & Tryout requirements**, and I understand the responsibilities and commitment of being a cheerleader. I also understand the role I must assume as a parent of a cheerleader, and I will assist in every way to see that the rules and regulations for my student-athlete are enforced. I will support the coaches and administration in decisions made throughout the season. If I would like to discuss an issue related to my student I will make sure to use the **proper chain of command** as stated in the cheer handbook.

I will adhere to the financial obligations as stated in the cheer handbook.

I understand that the sport of cheerleading has a risk of injury. I understand that every attempt will be made to properly supervise all activities to prevent any accidents or injuries.

Printed Name: \_\_\_\_\_ Signature: \_\_\_\_\_ Date: \_\_\_\_\_