



Madera Unified School District
Wellness Committee Meeting Agenda
November 10, 2021 | 4:30pm – 6:00pm

This meeting will be held via Zoom, a cloud-based video communication to hold virtual meetings. The link below will give access to the scheduled Wellness Committee Meeting. Click the link below to access the Zoom meeting.

<https://maderausd.zoom.us/j/83859679793>

1. Call Meeting to Order
2. Welcome
3. Review of Minutes – May 19, 2021: [LINK](#)
4. Physical Education and Physical Activity
5. Nutrition Environment and Services
6. Health Education
7. Social and Emotional School Climate
8. Physical Environment
9. Health Services
10. Counseling, Psychological and Social Services
11. Employee Wellness
12. Community Involvement
13. Family Engagement
14. Action Items
 - a. District Wellness Policy Pamphlet Creation: [Survey Link](#)
 - i. Outdated Handout Example – [English Link](#) | [Spanish Link](#)
 - b. MUSD – District or Site Wellness Requests: Review [Link](#)
15. Suggested Future Agenda Items
 - a. MUSD District Wellness Policy Pamphlet – Review and enhance
 - b. MUSD Alliance for a Healthier Generation site assessment results, action plan items, and methods of support
16. Advanced Planning
 - a. District Wellness Committee Meeting #2: January 26, 2022 | 4:30pm – 6:00pm
 - b. District Wellness Committee Meeting #3: March 30, 2022 | 4:30pm – 6:00pm
 - c. District Wellness Committee Meeting #4: May 18, 2022 | 4:30pm – 6:00pm
17. Adjournment

POSTED: October 26, 2021

American with Disabilities Act Assistance: Auxiliary aids and services include a wide range of services and devices that promote effective communication for individuals with disabilities. If you require such assistance, please notify the Office of the Superintendent at 675-4500 as soon as possible. Every effort will be made to give primary consideration to expressed preferences or provide equally effective means of communication to ensure equal access to Madera Unified School District programs and events.