



Madera Unified School District Wellness Committee Meeting Agenda
June 8, 2022 | 11:30pm – 1:00pm
Join Zoom Meeting

1. Call Meeting to Order: 11:35am
2. Welcome and introductions
3. Review of Minutes – April 6, 2022: <https://www.madera.k12.ca.us/Page/14328>
4. Action Items
 - a. Jaime Brown, Coordinator of Physical Education and Athletics, MUSD – Policy, data review, and next steps
 - i. Alliance for a Healthier Generation Introductions - Kat Satterley, Healthy Schools and Communities/RISE Program Manager; Kristy Weber, Regional Program Manager was not able to be present.
 - ii. Review: 2021-2022 Alliance for a Healthier Generation Thriving Schools Integrated Assessment (TSIA) Results. Data will be organized via the triennial assessment template utilized for reporting in 2020. 2021-2022 data will be the first year represented in the next 3-year cycle for the next triennial assessment. First year assessment data utilizing the template will be shared at the next district wellness committee meeting.
 1. Link to assessment questions and data:
https://docs.google.com/spreadsheets/d/13eDJLk9EyNrc6-Yjbu64ab0XPtzJq_Gp/edit?usp=sharing&oid=117571677485904164657&rtpof=true&sd=true
 2. Link to Alliance for a Healthier Generation log in:
<https://www.healthiergeneration.org/app/account/login>
 3. Link to first three-year submission of the triennial assessment:
<https://www.madera.k12.ca.us/cms/lib/CA01001210/Centricity/Domain/1378/MUSD%20-%20Triennial%20Assessment%202020%20FINAL.pdf>
 - iii. Review: 2021-2022 TSIA action plan items
 1. Implementing The Daily Mile was the only item listed as physical education teachers took on the task to get the entire TSIA completed for all WSCC Model areas. Several hours were put in to accomplish this and the athletics and physical education department thanks those that helped complete areas of the assessment that directly related to their departments.
 - iv. Next Steps: 2022-2023 TSIA recommended action plan items
 1. Meet as a School Health Council at least 4x per school year at all school sites. [Include dates on document](#). See “School Health Council Meeting Dates” tab.
 2. Add action items to the [document](#) under collective commitments for transparency and support.

3. Student Champion Training and The Daily Mile are two action plan items that have already been established.
- v. Next Steps: 2022-2023 methods of support and collective commitments identified and reviewed on the following [document](#)
 1. Community Services and Parent Resource Centers
 - a. WSCC – Community Involvement
 - b. WSCC – Family Engagement
 - c. TSIA – Increasing Family and Community Engagement (FCE)
 - d. TSIA – Building Staff Capacity (STC)
 - i. Under the direction of Elia Medina
 2. Health and Wellness
 - a. WSCC – Health Services
 - b. WSCC – Counseling, Psychological, and Social Services
 - c. TSIA – Enriching Health Education (HED)
 - d. TSIA – Strengthening Social-Emotional Health (SEH)
 - e. TSIA – Supporting School Health Services (SHS)
 - f. TSIA – Building Staff Capacity (STC)
 - i. Under the direction of Christine Doss and Caitlin Pendley
 3. Nutrition Services
 - a. WSCC – Nutrition Environment and Services
 - b. TSIA – Advancing Core Policies and Practices (CORE)
 - c. TSIA – Improving Nutrition and Food Access (NFA)
 - d. TSIA – Building Staff Capacity (STC)
 - i. Under the direction of Brian Chiarito and James (Bryan) Miller
 4. Physical Education and Athletics
 - a. WSCC – Physical Education and Activity
 - b. WSCC – Health Education
 - c. TSIA – Enriching Health Education (HED)
 - d. TSIA – Bolstering Physical Education and Physical Activity (PEA)
 - e. TSIA – Building Staff Capacity (STC)
 - i. Under the direction of Marty Bitter and Jaime Brown
 5. Safety and Security
 - a. WSCC – Physical Environment
 - b. TSIA – Addressing School Discipline (SCD)
 - c. TSIA – Building Staff Capacity (STC)
 - i. Under the direction of Lawrence Fernandez
 6. School Culture and Climate
 - a. WSCC – Social and Emotional School Climate
 - b. WSCC – Employee Wellness
 - c. TSIA – Strengthening Social-Emotional Health (SEH)
 - d. TSIA – Cultivating Staff Well-being (SWB)
 - e. TSIA – Addressing School Discipline (SCD)
 - f. TSIA – Fostering Positive School Climate and Culture (SCC)
 - g. TSIA – Building Staff Capacity (STC)
 - i. Under the direction of Karen DeOrion and Kimberly Bitter

7. School Health Councils and Site Administration
 - a. WSCC – Review data and creation action plans
 - b. TSIA – Improving Local School Wellness Policy (LWP)
 - c. TSIA – Reducing Chronic Absenteeism (ABT)
 - d. TSIA – Addressing School Discipline (SCD)
 - e. TSIA – Building Staff Capacity (STC)
 - i. Under the direction of all stakeholders
 8. Student Services
 - a. TSIA – Promoting Tobacco-Free Schools (TOB)
 - b. TSIA – Addressing School Discipline (SCD)
 - c. TSIA – Building Staff Capacity (STC)
 - i. Under the direction of Alyson Crafton
 - b. Jaime Brown, Coordinator of Physical Education and Athletics, MUSD – District Wellness Policy Pamphlet – Review and revision of draft one
 - i. [Link to District Wellness Policy Pamphlet Draft One](#)
 - ii. No changes requested from attendees. The draft will be reviewed and approved by WSCC Model MUSD leadership then shared at school events, etc.
5. Stakeholder Updates
 - a. Elizabeth Lopez, Nutrition Program Supervisor, UCCE & Mrs. Shallberger - Hydration stations/photovoice project at James Madison.
 - i. Students (Victoria, Mia, and Ahree), Roxanne Schallberger, and Jessica Gil-Bautista share information regarding water fountains, water bottles, and projects involving appropriate hydration at schools. [See Power Point Presentation](#). Thomas Jefferson vice principal, Brian Riddle, requested student information to help them continue their efforts as they transition from Madison Elementary to Thomas Jefferson Middle School.
 - b. Elizabeth Lopez, Nutrition Program Supervisor, UCCE - Spring Garden workshop with PRC and the garden revitalization at Lincoln Elementary with the SDC students.
 - i. Seventy parents joined sessions covering strategies to establish and sustain their own gardens. Sessions were offered in English and Spanish via the support of Parent Resource Centers. Garden boxes and pest management were covered, as well as providing parents with seeds to start their own gardens. There is also a hotline that parents can message with questions regarding gardening efforts. They can receive direct support from a master gardener.
 - c. Walk audits at Parkwood and Alpha were a huge success!
 6. Suggested Future Agenda Items
 - a. Review and share [Trifold Pamphlet Final Draft](#)
 - b. Review TSIA data added to MUSD Template for Triennial Assessment (Year 1 of 3) and provide public access.
 - c. Review and update district wellness policy throughout the 2022-2023 District Wellness Meetings. Review and revisions must occur every three years. The last revision was in 2020.
 - d. Create a sustainable process to support TSIA efforts and action plan items at all MUSD schools. All MUSD departments that fall under the WSCC Model will need to be involved.

7. Advanced Planning
 - a. Create four tentative meeting dates for the 2022-2023 school year
 - i. September date TBD
 - ii. November date TBD
 - iii. February date TBD
 - iv. March/April date TBD (prior to spring break is preferred)
 1. Jaime Brown, MUSD Coordinator of Physical Education and Athletics, is communicating with Maria Elizondo, MUSD Senior Executive Assistant – Superintendents Office, to “lock-in” dates.
8. Adjournment at 1:15pm

POSTED: June 9, 2022

American with Disabilities Act Assistance: Auxiliary aids and services include a wide range of services and devices that promote effective communication for individuals with disabilities. If you require such assistance, please notify the Office of the Superintendent at 675-4500 as soon as possible. Every effort will be made to give primary consideration to expressed preferences or provide equally effective means of communication to ensure equal access to Madera Unified School District programs and events.

EQUAL OPPORTUNITY EMPLOYER/AFFIRMATIVE ACTION EMPLOYER DRUG FREE WORK PLACE EMPLOYER