



Madera Unified School District Wellness Committee Meeting Minutes
February 15, 2023 | 4:30 pm – 6:00 pm
Zoom Meeting

Those in attendance include: Jaime Brown, Brian Chiarito, Lesly Arroyo-Guzman, Johnny Mendez, Karina Macias, Karen DeOrian, Cristina Khan, Trustee Joetta Fleak, Jordan Murphy, Carsten Christiansen, Caitlin Pendley, Heather Berkoben, Chia Vue, Joanna Orea, Irene Padasas, Elia Medina, Averie, Mr. Hernandez, Elizabeth Lopez, Marty Bitter, Trustee Gladys Diebert, Alex Vigil, Cristina Rendon, Renee Farias, Tyler Muscianes, Brandon Chrest, Marty Bitter, Paige Jager

1. Call Meeting to Order
2. Welcome and Introductions
 - a. Name, Title, & Organization
3. Review of Minutes – November 16, 2022: <https://www.madera.k12.ca.us/Page/14328>
4. Stakeholder Updates
 - a. Physical Education (PE) and physical activity
 - i. Jaime Brown, MUSD Coordinator PE & Athletics: PE Leadership Team (PELT) meeting summary regarding our upcoming teacher collaboration day on March 13. Elementary PE will be focusing on First Tee National Schools Program Refresher Training and Balance, Tumbling, and Gymnastics curriculum review. Middle School PE has opted to remain at their school sites. High School PE will focus on Non-traditional units, inclement weather plans, unit/teacher highlights, and safety in PE (swim, fields, gyms, locker rooms).
 - ii. Jaime Brown, MUSD Coordinator PE & Athletics: California (CA) Physical Fitness Test (PFT). Madera USD CA PFT window is February 28 through April 28. Tests include: Aerobic Capacity, Abdominal Strength and Endurance, Trunk Extensor Strength and Flexibility, Upper Body Strength and Endurance, and Flexibility. All MUSD PE students in grades 1-12 participate. Whole group participation results are included on School Accountability Report Cards (SARCs) for grades 5, 7, and 9. Furman students in grades 5 and 7 will participate in the CA PFT at Furman on 3/20 and 3/27, 8:00AM-9:30AM
 - iii. Jaime Brown, MUSD Coordinator PE & Athletics: California Association for Health, Physical Education, Recreation, and Dance (CAHPERD) Conference. Several elementary PE teachers are attending and presenting at the conference. Also, some PE teachers from the secondary level are also attending.
 - iv. Jaime Brown, MUSD Coordinator PE & Athletics: MULES District Track and Field Championships will be at MSHS on Friday February 17, 9:30am-2:30pm.
 - b. Social and Emotional School Climate
 - i. Johnny Mendez Youth Leadership Institute (YLI) Program Manager for the Central Valley. Student Updates from MHS and MSHS were provided regarding project ideas and services.

- ii. Karen DeOrian, MUSD Director of School Culture and Climate. Carsten Christiansen, MUSD Coordinator CCSPP. [See Wellness Committee Presentation from Department of School Culture & Climate.](#)

5. Action Items

- a. District Wellness Policy, Review Recommended Revisions, Phase 3
 - i. [Review of recommended action items listed in 11/16/2023 District Wellness Policy Notes.](#) Keep the following recommendations: 5.a.i., 5.a.ii., 5.a.vi., and 5.a.vii. Remove the following recommendations and create a framework: 5.a.iii., 5.a.iv., 5.a.v., 5.a.viii., 5.a.ix., 5.a.x. (omit completely...already in another policy), 5.a.xi., and 5.xii. Revisit the following recommendation: 5.a.xiii.
- b. Thriving Schools Integrated Assessment and Action Items Review for All MUSD Comprehensive Schools
 - i. Final draft of quantitative and qualitative data will be shared during the 2023-2024 school year.
- c. National Healthy Schools Award Opportunities, Requirements, and Recommendations
 - i. Review “MUSD Alliance for a Healthier Generation Award Opportunities 2023” Spreadsheet
 - ii. Review “America’s Healthiest Schools – 2023 Award Guide” PDF
- d. Food in Schools – Fundraising and Incentives – What is Okay?
 - i. Share folder with examples
 - ii. Share nutrition calculator utilized to ensure compliance
 - iii. Highlight incentive programs not related around food – Book Program

6. Suggested Future Agenda Items

- a. Tobacco Awareness and Prevention Policy Review. What process is followed when students are caught vaping?
- b. Wellness framework creation during the 2023-2024 school year. Upcoming meetings will need to occur with in-district administration and WSCC Model MUSD departments.

7. Advanced Planning

- a. Meeting #4: March 29, 2023 | 4:30pm – 6:00 pm. | ZOOM

8. Adjournment 6:05 pm

POSTED: February 17, 2023

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