

DISTRICT WELLNESS COMMITTEE PRE-PLANNING MINUTES

Madera Unified School District Wellness Committee Meeting Minutes
 February 7, 2024 | 3:00 pm – 4:30 pm
 “Rain Creek” – 2401 West Almond Avenue Madera CA 93637

AGENDA WITH MINUTES

Purpose

Our District Wellness Committee meets at least four times per school year to **review** district wellness policy, **identify** action items specific to the Whole School Whole Community Whole Child (WSCC) Model, **support** implementation of tasks reinforcing WSCC Model action items, and to **assess** the strength of district wide WSCC Model implementation. Sub-committees that discuss WSCC Model categories include but are not limited to school health councils, school site councils, PBIS teams, and SAP teams.



Subject	Presenter
1. Call Meeting to Order @ 3:11PM (heavy rain...safety first)	Jaime Brown
2. Welcome and Introductions a. Name, Title, & Organization b. Those in attendance: Marty Bitter, Karen DeOran, Elia Medina, Carsten Christiansen, and Jaime Brown	All Stakeholders
3. Review of Minutes a. February 15, 2023: https://www.madera.k12.ca.us/Page/14328 b. March 27, 2023 & April 24, 2023: In-District: Framework Needs Collaboration	Jaime Brown
4. Stakeholder Updates a. A collective decision was made to move forward with action items and provide updates at later meetings.	All Stakeholders
5a. Action Item: Thriving Schools Integrated Assessment and Action Items – Review All MUSD Comprehensive Schools <ul style="list-style-type: none"> ● Alliance for a Healthier Generation Healthy Schools Program ● LINK to Triennial Assessment Draft 2 	Jaime Brown
	Jaime Brown

<p>5b. Action Item: National Healthy Schools Award Applications – Review all MUSD Comprehensive Schools and Establish Next Steps</p> <ul style="list-style-type: none"> ● Alliance for a Healthier Generation Healthy Schools Program ● America’s Healthiest Schools Award Application Guidance ● Jaime Brown will be working with Caitlin Pendley and Amanda Massetti to support the Health Services department with Alliance for a Healthier Generation Healthy Schools Program assessment completion and award applications. Most employees do not know the detailed services and assessments provided to students/employees in MUSD due to privacy laws, therefore Health Services has agreed to take over this assessment/award item moving forward. This will ensure that the health services sections are accurate for all comprehensive MUSD schools. Also, nurses provide several services that are “fully in place” on the healthy schools assessment and deserve the opportunity to become possible award recipients in the “Supporting School Health Services” category for all school sites. ● The Physical Education department is currently completing award applications for the following sections for their schools: “Implementing Local School Wellness Policy” and “Bolstering Physical Education and Activity”. ● The Physical Education department supports and monitors School Health Council action items, assessments, and meetings. ● MUSD Wellness Actions and Transparency Spreadsheet 	
<p>5c. Action Item: Framework Creation – Phase 1</p> <ul style="list-style-type: none"> ● WSCC Model Framework Strategies ● Nutrition related items have statistically been the inquiry of most stakeholders. Requests for guidance in the 2022-2023 school year related to rewards, incentives, celebrations, and fundraisers were common. Therefore, MUSD will focus on items relating to nutrition first. Examples of items to include: rewards, incentives, celebrations, and fundraisers. Messaging strategies to MUSD employees and families/community. Example from CDC on how all WSCC Model components support nutrition. ● Share a google folder with Framework-Creation-Team that includes examples or resources that can support Framework creation. Examples should be pulled from San Diego Unified, Los Angeles Unified, Oakland Unified, etc. The following supporting resources should be reviewed: Centers for Disease Control and Prevention - Whole School Whole Community Whole Child, Action for Healthy Kids - Resource Library, Alliance for a Healthier Generation Resources, and California Department of Education - District Wellness 	Jaime Brown
<p>6. Suggested Future Agenda Items</p> <ol style="list-style-type: none"> 1. Framework Creation – Phase 2: closed session 2. School Culture Climate Presentation including California Community Schools Partnership Program and PLAYWORKS 3. Community Athletics and Recreation Department (CARD) Presentation 4. Wellness Highlights: community and partnering organizations 	All Stakeholders

<p>7. Advanced Planning</p> <ol style="list-style-type: none"> 1. Meeting #2: February 21, 2024 3:00pm – 5:00pm Hybrid* <ol style="list-style-type: none"> i. Suggestions: Open to the public for 45 minutes with 75 minute closed session for framework creation, 3:00pm - 5:00pm or 4:00pm - 6:00pm. 2. Meeting #3: March 20, 2024 3:00pm – 5:00pm Hybrid* <ol style="list-style-type: none"> i. Suggestions: Open to the public for 45 minutes with 75 minute closed session for framework creation on March 20, 2024, (not March 13, 2024), 3:00pm - 5:00pm or 4:00pm - 6:00pm. The committee will update the public on the Framework creation process. 3. Meeting #4: April 17, 2024 3:00pm – 5:00pm Hybrid* <ol style="list-style-type: none"> i. Suggestions: Open to the public for 45 minutes with 75 minute closed session for framework creation, 3:00pm - 5:00pm or 4:00pm - 6:00pm. The committee will update the public on the Framework creation process. 4. Meeting #5: May 22, 2024 3:00pm – 5:00pm Rain Creek <ol style="list-style-type: none"> i. Suggestions: Open to the public for 45 minutes with a 75 minute closed session for framework approval, 3:00pm - 5:00pm or 4:00pm - 6:00pm. Add the ZOOM option - hybrid. Remove “ONLY if needed”. The committee will update the public on the Framework creation process during the first meeting of the 2024-2025 school year. <p><i>*Hybrid = Meeting offered at Rain Creek and via ZOOM</i></p>	<p>Jaime Brown</p>
<p>8. Adjournment @ 5:07 PM</p>	<p>All Stakeholders</p>
<p>2024 FOCUS - FRAMEWORK CREATION</p>	

<p><u>Meeting Norms</u> (1) Prepared, (2) Professional Talk, (3) Active Listeners, (4) Application</p>	
<p>INFORMATIONAL ITEMS</p>	
<p>MUSD Vision/Mission Madera Unified Community Compact Madera Unified Student Champion WSCC Model Information</p>	<p>MUSD District Wellness District Wellness Webpage MUSD Wellness Transparency Document 2024 2023 MUSD America’s Healthiest Schools Awards 2023 District Wellness Policy</p>
<p>TO-DO List - 2024</p> <ul style="list-style-type: none"> - Review/Update TSIA’s - Review/Update 3+ action items - District Wide Framework <p>Calendar of Deadlines (created by AFHG)</p>	<p>School Health Council Alliance for a Healthier Generation Healthy Schools Login The Purpose of a School Health Council Presentation Wellness Pamphlet for Parents - English / Spanish Systems of Support</p>
<p><i>Madera Unified will set the standard for hard work, creativity and resiliency with a fearless drive to continuously improve.</i></p>	

POSTED: February 9, 2024

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