

DISTRICT WELLNESS COMMITTEE MINUTES

Madera Unified School District Wellness Committee Meeting Agenda

February 21, 2024 | 3:00 pm – 5:00 pm

ZOOM: <https://maderausd.zoom.us/j/81060025482>

AGENDA

Purpose

Our District Wellness Committee meets at least four times per school year to **review** district wellness policy, **identify** action items specific to the Whole School Whole Community Whole Child (WSCC) Model, **support** implementation of tasks reinforcing WSCC Model action items, and to **assess** the strength of district wide WSCC Model implementation. Sub-committees that discuss WSCC Model categories include but are not limited to school health councils, school site councils, PBIS teams, and SAP teams.



Time	Subject	Presenter
GENERAL SESSION		
3:00 PM	1. Call Meeting to Order	Jaime Brown, Coordinator of Physical Education and Athletics, MUSD
3:05 PM	2. Welcome and Introductions <ul style="list-style-type: none"> a. Name, Title, & Organization shared in chat (live @ Rain Creek) b. Those in attendance: Cindy Bitter, Marty Bitter, Rasleen Boparai, Jaime Brown, Tammi Britton, Jesse Carrasco, Brian Chiarito, Carsten Christiansen, Trustee - Gladys Diebert, Andrea Fillebrown, Brianne Jackson, Cristina Khan, Elizabeth Lopez, Isaac Lopez, Karina Macias, Elia Medina, Tiara Munoz, Joana Orea, Irene Padasas, Evelyn Ramirez, Amanda Rocha, Sandy Salome, Bryan Speed, Dorrenda Thomas, Bailey Suzrez, Chia Vue 	All Stakeholders
3:10 PM	3. Review of Minutes: Pre-planning <ul style="list-style-type: none"> a. February 7, 2024: https://www.madera.k12.ca.us/Page/14328 	Jaime Brown, Coordinator of Physical Education and Athletics, MUSD
3:15 PM	4. Stakeholder Updates and Highlights <ul style="list-style-type: none"> ● CalFresh Healthy Living, UCCE <ul style="list-style-type: none"> ○ Garden-Based Learning in STEM and Grade Level Classrooms <ul style="list-style-type: none"> ■ CalFresh has been actively collaborating with STEM and grade 	Elizabeth Lopez, Community Nutrition and

	<p>level teachers to support garden-based learning. Students are actively involved in garden lessons, caring for the garden, and taste testing recipes that utilize ingredients grown in the garden.</p> <ul style="list-style-type: none"> ○ Garden Clubs at Elementary School Sites <ul style="list-style-type: none"> ■ CalFresh support extends to three elementary school sites - Eastin-Arcola, Lincoln, and James Madison - where Garden Clubs have been established. The Garden Clubs have empowered students to take ownership of their respective school gardens, fostering a sense of responsibility and connection. The level of student participation has not only met but exceeded our expectations as students have shown a genuine eagerness to contribute to the Garden Clubs. ○ Youth Engagement Project at Lincoln Elementary <ul style="list-style-type: none"> ■ In October, CalFresh initiated a youth engagement project at Lincoln Elementary with the invaluable support of SDC teacher Ms. Daily. The project has empowered Ms. Daily's students to lead efforts in revitalizing their school garden. Through the use of photovoice, students are actively identifying areas for improvement and contributing to the enhancement of the garden. ○ Collaboration with Parent Resource Center <ul style="list-style-type: none"> ■ We are working with the Parent Resource Center to host nutrition classes for parents. Additionally, we are planning a Spring Garden Workshop for families in the coming spring at Virginia Lee Rose. <ul style="list-style-type: none"> ● Madera County Department of Public Health (MCDPH) <ul style="list-style-type: none"> ○ MCDPH is continuing to support the nine elementary school sites that they are assigned to assist: providing direct education, environmental changes like school gardens, stencils to support recess, and safe routes to school environments ● Alliance for a Healthier Generation in Partnership with Kaiser Permanente <ul style="list-style-type: none"> ○ America's Healthiest School Award Applications: <ul style="list-style-type: none"> ■ A January small group meeting supported 11 school sites with applications. ■ As of last week, numbers have increased to 24 school sites demonstrating application updates on the Healthy Schools website. ■ Topics include: Implementing Local School Wellness Policy, Bolstering Physical Education and Activity, Enriching Health Education, Strengthening Social Emotional Health, and other areas. ■ The Alliance for a Healthier Generation Healthy Schools Program supports monitoring of district wellness policy 	<p>Health Supervisor & Irene Padasas, PhD, Community Nutrition and Health Advisor & Karina Macias, MPH, Community Nutrition and Health Manager</p> <p>University of California Cooperative Extension - CalFresh Healthy Living</p> <p>Joanna Orea, Health Education Coordinator, Madera County Department of Public Health</p> <p>Chia Vue, Regional Program Manager, Alliance for a Healthier Generation</p>
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	<p>implementation at all MUSD comprehensive schools. The online assessment utilized is called the Thriving Schools Integrated Assessment (TSIA) and it is completed by School Health Councils. Attached to the TSIA is an opportunity to apply for multiple National Awards.</p> <ul style="list-style-type: none"> ■ Physical Education and Activity, District Wellness Policy, and Health Services awards are being completed at all school sites. Health Services had a meeting on February 13th to review national award recognition. The department worked together to complete applications and collect evidence specific to Health Services. <ul style="list-style-type: none"> ○ Kaiser Permanente <ul style="list-style-type: none"> ■ LINK TO STAFF WELL-BEING SUPPORT MATERIAL called “Resilience and Staff Burnout”. Wire Workshop through Educational Theatre Team exists. Presentations targeted student support and also began supporting employees in 2020. Fifteen - fifty people would need to sign-up and attend. It is currently at no cost. ■ Kaiser Permanente works closely with The Alliance for a Healthier Generation and California's Valued Trust. 	<p>Brianne Jackson, Workforce Health Consultant, Kaiser Permanente</p>
<p>3:40 PM</p>	<p>5. School Culture Climate Presentation including California Community Schools Partnership Program and PLAYWORKS</p> <ul style="list-style-type: none"> ● LINK TO CCSPP PRESENTATION: California Community Schools Partnership Program (CCSPP) - It’s a set of partnerships with community organizations with a goal to offer a range of services and opportunities for children, youth, families, and communities. <ul style="list-style-type: none"> ○ “Integrated Student Supports” is one of the Four Pillars. ○ MUSD’s CCSPP hired Student Advocates, Intervention Specialists, Community Support Specialists, Councilors, a Behavioral Health Technician, and an Analyst. Additional positions have also been implemented - PRC Advocate, Community Support Specialist, etc. ○ [CCSPP] works closely with Parent Resource Centers. We fund several opportunities provided to parents and the community. ○ Collaborative Leadership: [CCSPP] offers several professional development opportunities and trainings. Field trips and presenters are also brought in. ○ The goal is to find what the need is as a CCSPP Coordinator and provide the opportunity. Sometimes it is other funds that support the process. ○ Asset Driven and Strengthened Based. Commitment to share decision making for families and communities. Asset map: Coordinator, site based and LEA based advisory councils. At the site level, this will be the School Site Councils. At the district level it is the CCSPP Steering Committee. This helps with healthy schools. 	<p>Carsten Christiansen, Coordinator of California Community Schools Partnership Program, MUSD</p>

- Primary Focus is Social Emotional Well-Being of Students. There is an additional focus on academics, health and social services, youth and community development. All of this should improve student learning, stronger families, and healthier communities.
- Round one grant funding was 11.4 million for our “Red Pyramid” Schools. MUSD is in year two. Four elementary schools are included and specific staff were hired to support those schools. Two positions include the Recess Engagement Trainer and Behavior Coach for Tier 2 Intervention. Playworks is utilized for recess, specific books have been purchased to support Social Emotional Learning, and several trainings and conferences have been offered. All offerings are specific and cater to all new and pre existing positions.
- A Grant Application has been submitted to support “Blue Pyramid” Schools. This means year one included “Red Pyramid” Schools, year two included “Purple Pyramid” Schools, and year three would include “Blue Pyramid” Schools. Each pyramid involves a five year grant.
- We meet regularly as a Steering Committee to discuss what needs we have and what we need to expand.

**CLOSED SESSION AT RAIN CREEK - 2401 West Almond Avenue Madera CA 93637
CHANGED TO OPEN SESSION (ZOOM)**

6. Action Item: Framework Creation – Phase 2

- [LINK TO DRAFT](#)
- Highlighted items were discussed amongst committee attendees
- Shared Resources:
 - Alliance for a Healthier Generation and Kaiser Permanente
 - Taste Testing Survey [233 \(healthiergeneration.org\)](https://www.healthiergeneration.org)
 - Celebrations that Support Child Health including Non-Food Celebration [155 \(healthiergeneration.org\)](https://www.healthiergeneration.org)
 - Food Survey [Student School Food Survey \(healthiergeneration.org\)](https://www.healthiergeneration.org)
 - Vending Machine
 - USDA Smart Snack Guidelines <https://www.healthiergeneration.org/app/resources/580>
 - Smart Snack Calculator <https://www.healthiergeneration.org/app/resources/81>. The calculator is built to reflect the USDA standards and provides an easy way for schools to determine if a product is compliant just by plugging in the nutrition facts information found on the product.
 - Dairy Council of California
 - [Smarter Lunchrooms](#)

3:45 PM

Committee
Collaboration

	■ Smarter Lunchroom Guide	
4:55 PM	<p>7. Suggested Future Agenda Items</p> <ol style="list-style-type: none"> 1. Framework Creation – Phase 3 2. Community Athletics and Recreation Department (CARD) Presentation 3. Wellness Highlights: Walk to school events, Walk-a-thon 	Collaboration
4:28PM	<p>8. Advanced Planning</p> <ol style="list-style-type: none"> 1. Meeting #3: March 20, 2024 3:00pm – 5:00pm Changed: ZOOM 2. Meeting #4: April 17, 2024 3:00pm – 5:00pm Changed: ZOOM 3. Meeting #5: May 22, 2024 3:00pm – 5:00pm Changed: ZOOM <p><i>*Hybrid = Meeting offered at Rain Creek to district employees</i></p>	Jaime Brown, Coordinator of Physical Education and Athletics, MUSD
5:00 PM	8. Adjournment	All Stakeholders
2024 FOCUS - FRAMEWORK CREATION		

Meeting Norms (1) Prepared, (2) Professional Talk, (3) Active Listeners, (4) Application	
INFORMATIONAL ITEMS	
<p>MUSD Vision/Mission Madera Unified Community Compact Madera Unified Student Champion WSCC Model Information</p>	<p>MUSD District Wellness District Wellness Webpage MUSD Wellness Transparency Document 2024 2023 MUSD America's Healthiest Schools Awards 2023 District Wellness Policy</p>
<p>TO-DO List - 2024</p> <ul style="list-style-type: none"> - Review/Update TSIA's - Review/Update 3+ action items - District Wide Framework <p>Calendar of Deadlines (created by AFHG)</p>	<p>School Health Council Alliance for a Healthier Generation Healthy Schools Login The Purpose of a School Health Council Presentation Wellness Pamphlet for Parents - English / Spanish Systems of Support</p>
<i>Madera Unified will set the standard for hard work, creativity and resiliency with a fearless drive to continuously improve.</i>	

POSTED: March 15, 2024

American with Disabilities Act Assistance: Auxiliary aids and services include a wide range of services and devices that promote effective communication for individuals with disabilities. If you require such assistance, please notify the Office of the Superintendent at 675-4500 as soon as possible. Every effort will be made to give primary consideration to expressed preferences or provide equally effective means of communication to ensure equal access to Madera Unified School District programs and events.

EQUAL OPPORTUNITY EMPLOYER/AFFIRMATIVE ACTION EMPLOYER DRUG FREE WORKPLACE EMPLOYER