

DISTRICT WELLNESS COMMITTEE MINUTES

Madera Unified School District Wellness Committee Meeting Minutes

March 20, 2024 | 3:00 pm – 5:00 pm

AGENDA

Purpose

Our District Wellness Committee meets at least four times per school year to **review** district wellness policy, **identify** action items specific to the Whole School Whole Community Whole Child (WSCC) Model, **support** implementation of tasks reinforcing WSCC Model action items, and to **assess** the strength of district wide WSCC Model implementation. Sub-committees that discuss WSCC Model categories include but are not limited to school health councils, school site councils, PBIS teams, and SAP teams.



Time	Subject	Presenter
GENERAL SESSION INCLUDING WSCC MODEL UPDATES AND FRAMEWORK ACTION ITEM		
3:00 PM	1. Call Meeting to Order - 3:06pm	Jaime Brown, Coordinator of PE & Athletics, MUSD
3:05 PM	2. Welcome and Introductions <ul style="list-style-type: none"> a. Name, Title, & Organization b. Those in attendance: Trustee Area 7 - Nadeem Ahmad, Cindy Bitter, Marty Bitter, Jaime Brown, Brian Chiarito, Sean Carlson, Brandon Chrest, Carsten Christiansen, Karen DeOrian, James Gambrell, Cristina Khan, Elizabeth Lopez, Prince Marshall, Elia Medina, Jordan Murphy, Linda Negrete, Joana Orea, Caitlin Pendley, Evelyn Ramirez, Scott Townsend, Chia Vue 	All Stakeholders
3:10 PM	3. Review of Minutes: Pre-planning <ul style="list-style-type: none"> c. February 21, 2024: https://www.madera.k12.ca.us/Page/14328 d. Minutes Wellness Framework Draft School Culture Climate Presentation Resources Shared 	Jaime Brown, Coordinator of PE & Athletics, MUSD
3:15 PM	4. Stakeholder Updates and Highlights <ul style="list-style-type: none"> - CalFresh Healthy Living, University of California Cooperative Extension <ul style="list-style-type: none"> - WSCC Components: Physical Education and Activity, Health Education, Family Engagement, and Community Involvement - Wellness Highlight: The October 2023 Virginia Lee Rose Walk to School Event was carried out with success. The event was planned and 	All Stakeholders Elizabeth Lopez, Community Nutrition and Health Supervisor, CalFresh Healthy Living, UCCE, Fresno and

- Torres High School Athletics: Celebrations
 - **WSCC Components: Physical Education and Activity**
 - Highlights: Several THS athletic teams have moved on to state championships and won. Teams include Boys Cross Country - Division Three, Boys and Girls Soccer - Division Five, Boys Wrestling - Division Five with three athletes moving on to state, and Football - Division Five.
 - Baseball and Tennis are currently doing well.
 - All sports have a combined average 3.0 GPA. THS athletics and academics are doing extremely well.

Jordan Murphy,
THS Athletic
Director,, MUSD

- MUSD Health & Wellness
 - **WSCC Components: Physical Education and Activity, and Community Involvement**
 - Vaping Presentations, including **Tobacco Prevention (AFHG)**, with MCDPH have been and will be provided to 6th graders. Some schools include Lincoln, Pershing, Nishimoto, and Sierra Vista. Presentations include 2-parts. Topics include the effects of marketing on health and coping skills. More schools will be included in the near future.
 - Mental Health Awareness Resource Fairs will occur at all secondary school sites in May. Please see dates below:

Linda Negrete,
Supervisor -
Behavioral Health
Clinician, MUSD

SCHOOL	DATE & TIME
Mt. Vista	May 8th 11:40am-12:45pm
MTHS	May 9th 12:40pm-1:45pm
MHS	May 15th 11:40am-12:45pm
MLK	May 16th 10:40am - 12:45pm (2 lunches)
Ripperdan	May 21st 11:45am-1:35pm (2 lunches)
MSHS	May 23rd 12:40pm-1:45pm
Desmond	May 29th 10:40am-12:45pm (2 lunches)
TJ	May 30th 10:40am-12:45pm (2 lunches)

- MUSD Community Service & Parent Resource Centers
 - **WSCC Components: Physical Education and Activity, Social and Emotional School Climate, & Employee Wellness**
 - The Third Annual Mental Health Awareness Conference for Parents will be held on May 3, 2024. A flier will be shared after approval.

Elia Medina,
Director Of
Community
Service & PRCs,
MUSD

	<p>b. Ms. Daily, Lincoln Teacher, & Citlali Lopez, CalFresh UCCE Community Nutrition and Health Educator, have been supporting students with the project</p> <p>4. CA Physical Fitness Testing Data</p> <p>5. Other Wellness Highlights</p>	
4:58PM	<p>8. Advanced Planning</p> <p>1. Meeting #4: April 17, 2024 3:00pm – 5:00pm ZOOM</p> <p>i. https://maderausd.zoom.us/j/89442135550</p> <p>2. Meeting #5: May 22, 2024 3:00pm – 5:00pm ZOOM</p>	Jaime Brown, Coordinator of PE & Athletics, MUSD
5:00 PM	8. Adjournment: 4:33pm	All Stakeholders
2024 FOCUS - FRAMEWORK CREATION		

Meeting Norms (1) Prepared, (2) Professional Talk, (3) Active Listeners, (4) Application	
INFORMATIONAL ITEMS	
<p>MUSD Vision/Mission</p> <p>Madera Unified Community Compact</p> <p>Madera Unified Student Champion</p> <p>WSCC Model Information</p>	<p>MUSD District Wellness</p> <p>District Wellness Webpage</p> <p>MUSD Wellness Transparency Document 2024 2023</p> <p>MUSD America's Healthiest Schools Awards 2023</p> <p>District Wellness Policy</p>
<p>TO-DO List - 2024</p> <ul style="list-style-type: none"> - Review/Update TSIA's - Review/Update 3+ action items - District Wide Framework <p>Calendar of Deadlines (created by AFHG)</p>	<p>School Health Council</p> <p>Alliance for a Healthier Generation Healthy Schools Login</p> <p>The Purpose of a School Health Council Presentation</p> <p>Wellness Pamphlet for Parents - English / Spanish</p> <p>Systems of Support</p>
<i>Madera Unified will set the standard for hard work, creativity and resiliency with a fearless drive to continuously improve.</i>	

POSTED: March 21, 2024

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EQUAL OPPORTUNITY EMPLOYER/AFFIRMATIVE ACTION EMPLOYER DRUG FREE WORKPLACE EMPLOYER