

DISTRICT WELLNESS COMMITTEE MEETING MINUTES

Madera Unified School District Wellness Committee Meeting Minutes

May 22, 2024 | 3:00 pm – 5:00 pm

ZOOM: <https://maderausd.zoom.us/j/85199994019>

MINUTES

Purpose

Our District Wellness Committee meets at least four times per school year to **review** district wellness policy, **identify** action items specific to the Whole School Whole Community Whole Child (WSCC) Model, **support** implementation of tasks reinforcing WSCC Model action items, and to **assess** the strength of district wide WSCC Model implementation. Sub-committees that discuss WSCC Model categories include but are not limited to school health councils, school site councils, PBIS teams, and SAP teams.



Time	Subject	Presenter
GENERAL SESSION INCLUDING WSCC MODEL UPDATES AND FRAMEWORK ACTION ITEM		
3:00 PM	1. Call Meeting to Order 3:05	Jaime Brown, Coordinator of PE & Athletics, MUSD
3:05 PM	2. Welcome and Introductions <ul style="list-style-type: none"> a. Name, Title, & Organization b. Those in attendance: Trustee Area 2 - Gladys A. Diebert, Trustee Area 7 - Nadeem Ahmad, Marty Bitter, Jaime Brown, Brian Chiarito, Sean Carlson, Carsten Christiansen, John Fernandez, James Gambrell <i>in person</i>, Cristina Khan, Citlali Lopez, Elizabeth Lopez, Karina Macias, Prince Marshall, Whitney McEwen, Elia Medina, Linda Negrete, Joana Orea, Caitlin Pendley, Evelyn Ramirez, Amanda Rocha, Kelly Valmonte, Chia Vue 	All Stakeholders
3:10 PM	3. Review of Minutes: Pre-planning <ul style="list-style-type: none"> c. March 20, 2024: https://www.madera.k12.ca.us/Page/14328 <ul style="list-style-type: none"> i. Minutes Wellness Framework Draft 	Jaime Brown, Coordinator of PE & Athletics, MUSD
3:15 PM	4. Stakeholder Updates and Highlights <ul style="list-style-type: none"> - Includes MUSD Departments & Community Organizations that support the 10 components of the WSCC Model. <ul style="list-style-type: none"> - Physical Education and Physical Activity <ul style="list-style-type: none"> - Cesar Chavez Playground Stencil Project: See “Presentations” section, Athletics & Physical Education Presentation for more information. 	All Stakeholders Evelyn Ramirez, Health Education Specialist, MCDPH

	<ul style="list-style-type: none"> - Nutrition Environment and Services <ul style="list-style-type: none"> - Nutritionist is going to be hired. The goal is to get them approved by the Board within the next few months. This person would assist with framework preparation for next school year. - Facilities and building updates: MLK freezer/cooler is complete. Go Fresh sites plumbing are in progress and ovens will be complete in July. The Freezer project will be done within the next couple weeks. Production kitchen at the main facility will get started soon. - Health Education - N/A - Social and Emotional School Climate - N/A - Physical Environment <ul style="list-style-type: none"> - [CLICK HERE for MUSD Safety Committee Minutes] - Health Services - N/A - Counseling, Psychological, and Social Services <ul style="list-style-type: none"> - Mental Health Awareness Month: Camarena, 988, Madera County Department of Public Health, and several others were involved. All secondary sites and alternative education sites. - 5th and 6th grade presentations at Millview: Coping skills, self-care, and identifiers. Lessons were engaging and students were allowed to discuss/collaborate. Lessons occurred in the classrooms. - Employee Wellness - N/A - Community Involvement <ul style="list-style-type: none"> - UCCE CalFresh [Presentation will be posted on MUSD Wellness Committee Agendas and Minutes webpage once received]: Spring Garden Workshop occurred at Virginia Lee Rose in April. Forteen parents participated. This included the process on how to grow tomatoes and steps to make pickles. Students were also provided opportunities to experiment with bean seeds and color. A video of the event was also shared. - Family Engagement <ul style="list-style-type: none"> - Mental Health Participation Report: 763 people participated including 282 families. - The keynote speakers were really appreciated. - [CLICK HERE for the Mental health Participation Report] 	<p>Brian Chiarito, Director of Child Nutrition, MUSD</p> <p>Linda Negrete, Behavioral Health Supervisor, MUSD</p> <p>Cittali Lopez, Community Nutrition & Health Educator, UCCE</p> <p>Elia Medina,, Director of Community Services and Parent Resource Centers, MUSD</p>
3:45 PM	<p>5. Presentations</p> <ul style="list-style-type: none"> - Lincoln Youth Engagement - PhotoVoice Project <ul style="list-style-type: none"> - [CLICK HERE for Presentation] - Other schools supported by UCCE CalFresh Healthy Living can reach out for additional support. See list of schools highlighted in orange below. 	<p>Cittali Lopez, Community Nutrition and Health Educator,, CalFresh Healthy Living, UCCE</p>

SITE	Main Partner for School Health
Dixieland School	UCCE
Eastin-Arcola School	UCCE
Howard School	UCCE
La Vina School	UCCE
Adams	UCCE
Alpha	UCCE
Berenda	MCDPH
Chavez	MCDPH
Lincoln	UCCE
Madison	UCCE
Millview	MCDPH
Monroe	MCDPH
Nishimoto	MCDPH
Parkwood	MCDPH
Pershing	MCDPH
Sierra Vista	MCDPH
Washington	MCDPH
VLR	UCCE
Desmond	MCDPH
MLK	MCDPH
TJ	MCDPH
MHS	UCCE
MSHS	UCCE
THS	UCCE

- MUSD Athletics & Physical Education Department
 - [\[CLICK HERE for Presentation\]](#)
 - District Wellness Data & Progress
 - Physical Fitness Testing Results
 - Wellness Policy Revisions
 - The Cesar Chavez Playground Stencil Project was shared as a wellness highlight. Other items included the number of schools applying for the 2024 MUSD Healthy Schools Award, current Physical Fitness Testing data in relation to school accountability report cards and Healthy Fitness Zones created by the K-12 Physical Education Department, District Wellness Policy Revisions including Board Policy and Administrative Regulations, and a newly created Reference Guide for PE in CA Schools.

Jaime Brown,
Coordinator of PE
& Athletics, MUSD

4:15 PM	<p>6. Action Item: Framework Creation – Phase 3</p> <ul style="list-style-type: none"> - Not discussed. - Will be addressed after Child Nutrition - Nutritionist Position is hired. 	Committee Collaboration
4:55 PM	<p>7. Suggested Future Agenda Items</p> <ol style="list-style-type: none"> 1. Framework Creation – Phase 4 2. STEM and School Gardens 3. Wellness Highlights 	Committee Collaboration
4:58PM	<p>8. Advanced Planning</p> <ol style="list-style-type: none"> 1. Set up quarterly meetings for the 2024-2025 school year. <ol style="list-style-type: none"> i. Suggested dates: <ol style="list-style-type: none"> 1. August 21, 2024 2. November 6, 2024 3. February 12, 2025 4. May 7, 2025 ii. Time and meeting type/location to be determined 	Jaime Brown, Coordinator of PE & Athletics, MUSD
5:00 PM	8. Adjournment - 4:21 PM	All Stakeholders

2024 FOCUS - FRAMEWORK CREATION

Meeting Norms (1) Prepared, (2) Professional Talk, (3) Active Listeners, (4) Application

INFORMATIONAL ITEMS

MUSD Vision/Mission

[Madera Unified Community Compact](#)
[Madera Unified Student Champion](#)
[WSCC Model Information](#)

MUSD District Wellness

[District Wellness Webpage](#)
[MUSD Wellness Transparency Document 2024 | 2023](#)
[MUSD America's Healthiest Schools Awards 2023](#)
[District Wellness Policy](#)

TO-DO List - 2024

- Review/Update TSIA's - COMPLETE
- Review/Update 3+ action items - COMPLETE
- Award Applications - COMPLETE
- District Wide Framework - IP

[Calendar of Deadlines \(created by AFHG\)](#)

School Health Council

[Alliance for a Healthier Generation Healthy Schools Login](#)
[The Purpose of a School Health Council Presentation](#)
Wellness Pamphlet for Parents - [English](#) / [Spanish](#)
[Systems of Support](#)

Madera Unified will set the standard for hard work, creativity and resiliency with a fearless drive to continuously improve.

POSTED: MAY 24, 2024

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